Homeoliban

Your natural health guide

First-Aid Kit — Minimal (12 remedies)

A selection of homeopathic remedies to always keep on hand for everyday minor ailments. If in doubt or if symptoms persist, consult your physician or therapist.

Aconitum 9 CH
Sudden high nighttime fever without sweat; panic; anxiety.

Apis mellifica 15 CH
Burns; insect bites; inflammation.

Arnica montana 9 CH
Trauma, bruising.

Arsenicum album 9 CH
Infectious diarrhea.

Belladonna 9 CH
High fever; sore throat; sweating; congestion.

Ferrum phosphoricum 7 CH
Fever < 39°C + runny nose + ear infection + dry cough.

Gelsemium 9 CH
High fever with muscle weakness.

Hepar sulfur 30 CH
Dry, spasmodic cough.

Ignatia Amara 30 CH
Emotional upset; sighing, choking sensation, grief.

Kalium bichromicum 7 CH
Bronchitis; runny nose; sinusitis; wet cough; yellow-green discharge.

Mercurius solubilis 30 CH
Runny nose; foul-smelling green bronchial secretions.

Rhus Toxicodendron 15 CH
Sprains; joint pain; herpes (cold sores).