

Homeoliban

Tissue-Salt Support During Pregnancy

The Five Base Salts

Calcarea fluorica 6X

Preserves the elasticity of blood vessels and tissues, helps prevent varicose veins, hemorrhoids and stretch marks, supports fetal bone and tooth development

Magnesia phosphorica 6X

Protects against digestive burning, heartburn and cramps

Ferrum phosphoricum 6X

Provides gentle iron supplementation and helps prevent anemia

Natrum muriaticum 6X

Maintains fluid balance, helps prevent edema and excessive weight gain

Silicea 6X

Strengthens bones and supporting connective tissue

Schüssler Tissue Salt Protocol

A different complex depending on the month of pregnancy, 5 pellets morning and evening:

Month	Complex	Composition
2nd and 6th month	Tissue salt Complex I N°2271	Calc flu 6X, Mag phos 6X, Ferr phos 6X
3rd and 7th month	Tissue salt Complex II N°2272	Calc flu 6X, Mag phos 6X, Nat mur 6X
4th and 8th month	Tissue salt Complex III N°2273	Calc flu 6X, Nat mur 6X, Silicea 6X
5th and 9th month	Tissue salt Complex IV N°2274	Calc flu 6X, Ferr phos 6X, Silicea 6X

Homeoliban — This document is for informational purposes only and does not replace medical advice. If in doubt, consult a healthcare professional.